



## 6 MINUTE WALK INFORMATION

### **Instructions to patient**

If you currently wear/use oxygen, please bring your equipment with you. It may be necessary to use it during the walk /test.

In addition, please make sure that your oxygen is secure in its own carrying device. It is very dangerous to be carrying a loose oxygen tank.

If you use any type of walking support (cane, walker), please bring that with you. Our office does not have this type of equipment for patient use.

You may take medications prior to your appointment.

You may eat before your appointment.

Please do not wear perfumes/colognes. During testing cell phones are not allowed.

**PLEASE NOTE:** Give yourself enough time to arrive on time for your scheduled appointment. Due to the length of time needed for testing, if you are more than 15 minutes late, you may need to be rescheduled. Please call 248-556-5582 to reschedule.

Should you need to cancel your test, please do so 48 hours prior to schedule date to avoid being charged \$50.00