



Lung, Allergy & Sleep MEDICINE CENTER

Patient Name: _____

Study Date: _____ Time: _____

TEST

PSG CPAP Titration BPAP Titration MSLT MWT PSG with MSLT

You will spend the night in the sleep center

Patients who do not cancel their appointment within 48 hours of their test time or if they do not show up for their appointments are subject to a \$100.00 cancellation fee. If patient is sick and cancel less than 48hrs of their test time, please provide doctors note to be excused from your cancellation fee.

To enter the building

You will be given the code to enter the building at the time of appointment scheduling.

If you are unable to get into the building or your technologist is not there please call **248-556-5582** and tell them that you are a sleep patient and need assistance at that time the answering service will connect you to a manager /technician or you may be given further instructions by the operator.

Do not arrive early to this appointment as there may not be anyone to let you into the suite the technologist performing your test may not yet be on duty. Please sit in our suite lobby until the sleep technician comes and gets you.

Patient Insurance responsibility

It is your responsibility as the patient to alert the office staff prior to your appointment of ANY insurance changes: contract IDs new insurance, contract changes, etc. Please note that it is also the patient's responsibility to check with their insurance company to determine whether a referral/authorization for your visit in our clinic and sleep center is required for you to be seen or tested in our facility as well as by the doctor you will be seeing. Should a referral be required and is not obtained the charges incurred will be that of the patients responsibility Calling the number on the back of your insurance card is usually the best way to check to if a referral or authorization is needed, as well as learn of any out of pocket expenses you may incur. Missed appointment fees are not covered by insurance

Signature: _____

Date: _____

SLEEP STUDY INSTRUCTIONS

- Your scheduled arrival time is 9 PM. Do not arrive early.
- Please wait in the lobby of our suite until the sleep technician meets you.
- Please wear two piece night clothes and bring your own personal toiletries.
- You will be discharged between 6am and 7am the following morning.
- Current CPAP users, please bring your cpap mask and headgear.
- **Bring your insurance cards, a photo I.D and Credit Card**
- Do not consume any caffeine after 1pm on the day of your study.
- We suggest you eat dinner as normal but please refrain from alcohol.
- Do not take any naps on the day of your study.
- Please shower and come clean, dry hair
- Be aware that hair pieces and wigs will need to be removed during testing
- Bring all medications that you take at bedtime or in the morning including sleep aids. We cannot dispense medications of any kind during your visit.
- If you need special assistance due to the use of a wheelchair, oxygen tanks etc, please inform your office prior to test
- Upon completion of your study, a sleep specialist will interpret your results. Your results will be given to you at your follow up appointment with your doctor. If you do not have one, please call the office to schedule an appointment.
- If you are unable to keep your sleep study appointment, please let us know as soon as possible so that we may reschedule you.
- **Patients who do not cancel their appointment within 48 hours of their test time or if they do not show up for their appointments are subject to a \$100.00 cancellation fee.**